From the Principal …

GROWTH MINDSET
Last Friday during our Student Free Day staff worked on building their knowledge of Growth Mindsets, Executive Functioning and The Learning Pit. Growth Mindsets describe the beliefs a person holds about their own abilities. ‘It’s about finding your starting point and having the willingness to grow and learn and expect there will be setbacks. You just have to persevere and reach out to others to help you get over the hurdles or get a foothold, without them solving the problem for you.’ – Mel Ansell. This creates longer lasting and better connected learning than when we rescue children from frustration and tell them the answer. Executive Functioning is the combined name for working memory, cognitive flexibility and inhibitory control. This is the part of the brain that needs the MOST exercise at school as it controls self-monitoring; organising materials; planning; emotional control (the opposite of impulsivity); shifting what you know into new situations. The Learning Pit takes both of these into the classroom so expect your children to come home and say they were frustrated and the teacher wouldn’t tell them the answer as powerful learning happens when students help each other, share what they know / what they discover and are supported by the teacher to put it all together into something they can use. Have a look at Guy Claxton on You Tube.

STAFF LEAVE
We welcome Maddy Godfrey who is taking over the helm of 6.5 while Robyn Ranford is on leave for the remainder of the term. We wish Robyn a relaxing end of term! We also welcome Nathan Harris who will be teaching in 6.4 while Anna Wapper heads off to a wedding (not hers, or so I’m told!) in Europe during the last two weeks of term. Linda Fox is also on leave during the last two weeks of term and also heading to Europe, we’ve put our ‘holiday present’ order in. The rest of us are remaining behind in the cold and wet because, well, someone has to.

RESEARCH PROJECT
We have been invited to have students participate in a research project by Pearson Clinical and Talent Assessment that is being run across Australia and New Zealand. Participation takes between 90 – 150 minutes. All information is confidential. Please see the attached letter from Pearson if you are interested. They are offering to make it worth your while so have a read.

WHOOPING COUGH
A number of cases of whooping cough have been reported within our school community. Please refer to the attached fact sheet from the department of health for information on whooping cough, including symptoms, diagnosis, infectious periods and treatment. If your child presents with the described symptoms, please seek medical advice before your child returns to school or preschool. Immunisations with vaccines that protect against whooping cough are effective in reducing the likelihood of illness and complications from the disease. Children within the school community who have received the recommended number of doses of whooping cough vaccine are much less likely to become infected with the disease. If your child is not immunised, it is recommended that you contact your local doctor for more advice regarding preventative measures. Any person with Whooping Cough should be excluded from child care, preschool, school or work until 5 days after starting the specifically prescribed antibiotic treatment.

SEMESTER 1 REPORTS
Semester 1 Student Reports will be sent home on the last Thursday of term – June 7. These reports are a comprehensive overview of how your child is progressing at the mid-year mark. Last term we held Parent Interviews. If you would like to meet with your child’s teacher about aspects of your child’s report, please make contact next term. Parents are always welcome to request a meeting with individual teachers at any time throughout the year. Term 3 reports are Student Assessment reports. John Hattie’s research shows that student self-reporting has a large effect on their progress. Students’ should be very aware of their own progress and how they can improve.
Whooping Cough (Pertussis)

Whooping cough is a bacterial infection of the nose and throat caused by *Bordetella pertussis*. The illness often begins with cold-like symptoms of runny nose, sore watery red eyes, low-grade fever and general unwellness, although these symptoms are not present in all people. After three to seven days, a dry cough develops. The cough is usually present for many weeks and may last for months. Coughing is classically paroxysmal, that is, a prolonged fit of coughing occurs. The coughing is immediately followed by a deep breath in, resulting in the typical whoop – hence the name ‘whooping cough’. Some people do not whoop, but coughing may be followed by vomiting.

Pertussis kills about 250,000 children worldwide every year and many surviving children are left with brain damage. Other serious complications include pneumonia, bleeding into the nose, eyes or brain, and development of hernias.

Pertussis is highly infectious, spreading by respiratory droplets to 70–100% of susceptible household contacts and 50–80% of susceptible school contacts. Epidemics occur every three to four years.

Maternal antibody does not give adequate protection against pertussis, so babies can be infected before they are old enough to be vaccinated.

In recent years many cases of pertussis have been recognised in adults and adolescents due to waning immunity. These individuals are a significant source for the transmission of infection to infants.

Diagnosis is most accurately made by PCR testing of mucus from the nose and throat, combined with clinical history, although blood tests are still used in some places.

**Incubation period**
(time between becoming infected and developing symptoms)

6 – 20 days, most commonly 7 – 10 days.

**Infectious period**
time during which an infected person can infect others

Pertussis is highly infectious when the ‘cold-like’ symptoms occur in the early stages. Without treatment, a person is infectious for the first 3 weeks of coughing. With appropriate antibiotic therapy, the person is no longer infectious to others 3 days after starting antibiotics.

**Treatment**

Appropriate antibiotic therapy, given in the early stages of infection, may prevent or lessen the severity of symptoms. Treatment within three weeks of onset of the cough reduces the spread of the disease, though it may not lessen symptoms.

**Control of spread**

- Vaccination of infants at two, four and six months, followed by a booster dose at four years.
- With older vaccines, side effects were more common as people got older, so vaccination was not recommended for people older than seven years. New vaccines have fewer of these side effects and a further single booster dose is now recommended in South Australia for:
  - school children in Year 9
  - parents planning a pregnancy
  - parents of a newborn baby, other adult household members, and grandparents if they will be in contact with the baby, before or as soon as possible after delivery
  - adults working with young children, especially child care workers in contact with very young infants
  - all health care workers, especially those caring for very young infants
  - adults who have had vaccination in the past are now encouraged to have a booster vaccination of the combined diphtheria-tetanus-pertussis vaccine (dTpa) at 50 years of age.
Whooping Cough (Pertussis) (cont.)

Control of spread cont.

> Antibiotic treatment of the person with whooping cough and their household contacts will reduce the spread of the infection. It is important that anyone with suspicious symptoms see their doctor so that an accurate diagnosis can be made and treatment commenced, if necessary.

> A person with whooping cough should be excluded from child care, preschool, school or work until five days after starting antibiotic treatment. If not treated, they should be excluded for 21 days from the start of symptoms.

> Household and child care contacts (in the same child care group) of the case who have received less than three doses of a pertussis containing vaccine should be excluded from child care for 14 days from the last exposure to the infectious cases, unless they have already completed five days of recommended antibiotic treatment, in which case they may return.

> Any child care, preschool, school or work contacts of a person with whooping cough should seek medical advice if they develop any symptoms.

> In the case of a whooping cough epidemic, the guidelines for control of spread may change. The Health Department should be contacted for recommendations.

Whooping cough (pertussis) is a notifiable disease

> PCR
> Immunisation
Research Opportunity

Pearson Clinical and Talent Assessment is conducting a research project across Australia and New Zealand on language function. We are looking for students aged 5 years to 21 years 11 months to participate in the research project. Participants will be asked to complete an assessment which will involve performing different activities, such as writing short stories, pointing to pictures, and formulating sentences. All questions and tasks are age appropriate.

Participation takes between 90-150 minutes (not including breaks). Participants will receive their choice of a book pack valued at $AUD100 or a movie voucher valued at $AUD50 for their participation

We are looking for participants:

• who are in preschool, primary, or secondary school; and
• are fluent in English.

ALL INFORMATION COLLECTED WILL REMAIN CONFIDENTIAL AND ONLY USED FOR RESEARCH PURPOSES BY THE TEAM AT PEARSON CLINICAL AND TALENT ASSESSMENT.

To nominate your child for the research please visit:


When asked who provided this information please reference the following name: Leanne Konitzka

For further information please contact:

Dr Nicki Joshua
Project Director (A&NZ)
Pearson Clinical and Talent Assessment
Phone: +61 3 9811 2528
Email: nicki.joshua@pearson.com
MURRAYLANDS DISTRICT
Football/Netball Selection Trials.
Unity College
Netball - Indoor stadium
Football - Senior School Oval
Wednesdays, commencing June 22nd 2016
4.00 – 5.00 pm
Boys and girls (must be turning 11 or over this year) are invited
to try out for selection in the Murraylands football or netball
teams, which will take part in the SAPSASA State carnival in
Adelaide from 15th – 19th Aug. N.B. The teams are single sex - ie
girls may not try out for football and vice versa.
Parents of students trying out should be aware that the team
will travel to Adelaide each day of the Carnival, and that parents
will be asked to help with transport where possible.
The cost to students will be $70 ($60 for School Card holders).
Photos are an optional extra expense.
Students should report to Kellie Klose and Alyssa Daniel
( netball ) or Matt Bell ( football ) on arrival.
Please bring the accompanying consent and medical forms to
the first practice.
Josie Saddlier
Murraylands Convenor.

Look Out, Look Out, They’re all about!
MONSTERS EVERYWHERE!

The Scholastic Book Fair is coming to our school! What
better way to promote reading to our students than by
supporting this important literary event.

We invite your entire family to participate by purchasing
the latest and greatest in children’s books. Your support of
this vital literary event is a key part of helping us obtain
new books and resources for our library and classrooms.

You’ll find hundreds of quality books at our Book Fair with
a wide assortment for all reading levels.

Attached is a Book Fair flyer that provides a preview of
only a FEW of the many books available to purchase at our
Fair.

Don’t forget to mark the Book Fair dates on your calendar!

Week 9: June 28th – June 30th
(Tuesday – Thursday)
We look forward to seeing you during our Scholastic Book
Fair and thank you, in advance, for supporting this great
literary event. Thank you for believing in books and the
impact of reading on your child’s future.

The canteen will be having a
WINTER WARMER SPECIAL FOOD
ORDER DAY
On Thursday 23rd June.
The following foods will be available
to pre – order
Savoury Slice or
Cheese Sausage Roll $3.50ea
Chocolate Donuts or
Sprinkle Donuts $1.70ea

Order forms will go out next
week. Please cut out and place
orders (with the correct money)
in the boxes provided at the
canteen before Wednesday 22nd
June.

Murray Bridge North
School Choir
On Tuesday the 7th June we went
to Tailem Bend Town Hall for
rehearsals with the other
participating schools for choir.
All the schools performed
together to practice for our big
concert at the Festival of Music.

Will you find the Golden
Ticket?
If the book you choose at the Scholastic
Book Fair contains a Golden Ticket you
get the book for FREE as our schools
gift to you!
Food Production

2:10

Soil Preparation.
To prepare the soil for planting we dug out around 30cm of the soil. After that we put mushroom compost in. Once we did that we mixed the compost into the soil.
Brock

Food Storage
Raw food and cooked food should be stored separately because if the meat leaks then it will leak on and contaminate the other food.
Sasha R

Cooking.
We used vegetables from our garden such as broccoli, spinach, carrots and spring onions. Some people made soup, spinach rolls and broccoli and cauliflower parcels. We washed the vegetables really carefully in case there were any insects or mud on them.
Zannatuj

Cooking Vegetables.
Boiling vegetables is one of the unhealthiest ways to cook them because all the goodness (vitamins) leak out into the water.
‘nesha

Vitamins.
Cauliflower – good source of Vitamin C, also known as L- ascorbic acid, helps growth and repair of tissues in all parts of the body.
Carrot – good source of Vitamin A which helps your vision, skin, healthy bone growth and your immune system.
Bella C

Planting.
We planted carrot seeds and seedlings of broccoli, cauliflower, spinach, cabbage and spring onions. On the containers it stated how far apart the plants should be planted. About a week later we put mulch around the plants to help keep in moisture and prevent weeds.
Paige

Protection.
When we were gardening there were 3 pieces of protective equipment we had to wear. One was glasses so we didn’t get soil in our eyes, the second was a mask so we didn’t breathe in any bad stuff and the third was gloves to keep our hands clean.
Taylah
**Kid’s Arcade**

A few weeks ago, you may have read about the joint Design and Technologies project between 2.1 and 6.1 inspired by the YouTube short film Caine’s Arcade and the Global Cardboard Challenge. Well, students in both classes have been very busy developing their original ideas into games and we are now happy to announce they are ready to PLAY! Over the next two weeks, students from all classes around the school will be invited to come and play in the ‘Kid’s Arcade’ which will be set up in the Activity Room. As these two classes have been working hard to raise money for an upcoming excursion to a real arcade, we ask that students who wish to play bring along some money on the day their class is visiting. In order to try out the wide variety of games on offer, the costs are:

**$2 for a FUN PASS** (UNLIMITED games access for 20 minutes)

or **50 cents** per game.

Class teachers will advise of the day your child’s class will be attending the Kid’s Arcade so keep your eyes and ears open! We really hope everyone gets involved and has as much fun playing our games as we have had making them!

From the brilliant and creative minds of 2.1 and 6.1 😊
4.10 Learning with Mrs Ansell

For Science our class has been learning about water in our environment. This term we had a visit from Mr Harry Beauchamp from NRM (Natural Resources of Murray Darling Basin) Education. Harry came and spoke to us about the different native and introduced fish species in the river and the importance of looking after our river environment. Since then the children have done two information reports; one on the Murray Cod and the other on a native fish of their choice. We made a presentation of our learning at assembly complete with a giant Murray Cod!

- It is the largest species of fish in the Murray. Tyler
- It is pale green with dark blotches. Damphere.
- Keep the River Murray clean so the Murray Cod can survive. Elia
- The Murray Cod lays 60,000 eggs once a year. Connie
- The Murray Cod swims while it sleeps. Leevi
- They use gills to breathe through. Kirah.
- The Murray Cod has fins and a tail to help it balance and swim. Olivia
- The Murray Cod eats yabbies, small fish and smaller Murray Cod. Jayden Mc
- The Ngarrindjeri word for Murray Cod is pondi. Kitty
- They protect their territory from other large fish. Keira.
- It weighs up to 110kg. Joel
- The Murray Cod lives in the rivers in South Eastern Australia. Chaz
- Female Murray Cod lay eggs in a hollow log or under a rock. Rose
- The Murray Cod lives in fresh water. Emma
- They grow up to two metres long. Gemma
- When the Murray Cod first hatches it gets its nutrients from the egg sac attached to its belly. When it gets a little bigger it eats zooplankton and macro invertebrates. Jayden W.
We have been learning about measuring and had a partner and measured our legs, arms, head and our height.

Seth Mayhew

In Maths we have been measuring and that day we measured how tall we are, our waist, legs, hands and feet. We recorded in our book if it was in cm or mm.

Talia-Rose Anderson
3RD OF JULY
POINTS V ROVERS GAME

Points V Rovers 11am Start

The annual Points V Rovers game is back again! Come down to Imperials Football Club (Johnstone Park) and have a run. Who will get the win and have the bragging rights till next year? Will it be the full of run and full of testosterone Rovers or will it be the classy well-oiled Points? All you fullas dust off them boots and come out for a kick, this year’s Points V Rovers game could be the one for the ages!

To show your interest and to get a rough idea of numbers wanting to play, text or call Alfie Gollan Jr. on 0427 636 434

AUSKICK
10AM - 11AM

POINTER V ROVERS
11AM - 1.30PM

JUNIOR U/11 HALF TIME GAME
12PM - 12.30PM

PRESENTATIONS
AFTER THE POINTS V ROVERS GAME

FUN FOR YOUNG AND OLD

TRANSPORT AVAILABLE
PRIOR TO THE DAY CALL MOORUNDI ACCHS ON:
(08) 8531 0289
(9AM - 5PM ONLY)
**Murray Bridge North School**

**Planning Calendar Term 2 2016**

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<th>Weeks</th>
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<tr>
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<td>20/6</td>
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<td>22/6</td>
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<td></td>
<td>Governing Council Meeting 6pm</td>
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<td>Pedal Prix Training Parents Coffee And Chat 8:45-10am</td>
<td>Pedal Prix Training</td>
<td>Red Nose Day</td>
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<td>9.</td>
<td>27/6</td>
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<td>Book Fair Week</td>
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<td>Pedal Prix Training Parents Coffee And Chat 8:45-10am</td>
<td>Pedal Prix Training Book Fair Dress Up Day- Come Dressed as a Friendly Monster</td>
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<td>10.</td>
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<td></td>
<td>NAIDOC Week</td>
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<td>Pedal Prix Training Assembly 2pm Parents Coffee And Chat 8:45-10am</td>
<td>Pedal Prix Training</td>
<td>LAST DAY OF TERM 2:10 Pick Up</td>
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The electronic sign will always have dates of the upcoming events for the term.

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**Book Fair Dress Up Day!**

Come dressed up as your favorite Friendly Monster!

**Thursday 30th June**

Remember our Book Fair is open for sales

**Tuesday – Thursday Shopping Hours:**

Before school: 8.30-8.50am
Lunch time: 12.50-1.20pm
After school: 3.10-3.40pm

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**Murray Bridge North School OSHC**

**Before School, After School and Vacation Care Programs.**

Catering for your needs on your local school site

Open daily 630am and close 6.30pm

This service will operate a 6am start if there is a demand. Please contact the service or school to register your interest.

Quality care, competitive prices, fun activities, friends to be made, games, arts, crafts, good food and special events all in a home like environment.

Contact Bev 08 85310179 or 0417825455

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**Pedal Prix**

On Sunday 19th June the Murray Bridge Pedal Prix team competed in their first race at Victoria Park. All of our students represented Murray Bridge North School in a positive and respectful manner. It was a great day and I was happy to see our families enjoying themselves. Thank you Norm and Deb Davis for your ongoing support and organisation of our Pedal Prix team. Thank you to Melissa Dawson for organising transporting the trailer to the event which we are extremely grateful for. Well done everyone involved, keep training as we have another 6 hour race before the big 24 hour race.